



MEMBER DIRECTORY OF GOODS & SERVICES SPRING 2009

ACCOMMODATION – VACATION

Little City Farm Bed & Breakfast

Vegetarian, seasonal, organic breakfasts. Eco-friendly accommodations. Centrally located near downtown Kitchener. **Barter negotiable.** www.littlecityfarm.ca

ALTERNATIVE – CONSULTING

Mother Nature's Apprentice

Whole Living Consulting and Events Celebrate, complement and enrich your day to day life with a practical, integrated and eclectic approach to balance. 50% Barter

- Consultations include a multi-card, multicultural reading.
- Events include laughter yoga, sacred design interior/exterior, and performance

Tarot Readings

Intuitively guided tarot readings from the heart. Ask for Jen. 50-100% B\$.

ARTS & CRAFTS

Custom made furniture

Quality pieces made from new or reclaimed wood. See some of my work at [www.artefacts.ca /custom.htm](http://www.artefacts.ca/custom.htm) or visit Margaret at Artefacts in St. Jacobs.

Pottery and handcrafted glass items

Wildfire Galleries: Stained glass supplies and slumping and fusing moulds and supplies.

50% Barter accepted. www.wildfiregalleries.com

Vintage linens, yarn, buttons, fabric trims and an odd assortment of other collectibles

Looking for something specific that's hard to find, contact Claudia.

Beaded Jewellery

Unique styles. A family hobby for seven years. Accept up to 50%B. Contact Sharon.

Quality Beads, Lessons and Handmade Jewellery

We feature Bohemian and Czech pressed glass beads, vintage, lampwork, European glass, seed and hard to find beads. We also carry pendants, findings, wire, chains and beading supplies. 50% Barter Dollars accepted on Jewellery making lessons. Contact Joan.

ARTS & CRAFTS

KOI's Fibre Arts

Handspinning, hand knitting, rigid heddle weaving. Also I can process your raw wool into batts or rovings. I carry Brittany knitting needles and crochet hooks as well as Pewter clasps and buttons imported from Norway. Ask about custom pattern drafting, workshops and classes. **Up to 100% Barter.**

Down 2 Earth Designs

We are a Kitchener based collective offering one of a kind, eco conscious clothing and accessories and reusable menstrual pads. We use hemp, bamboo, organic, and reclaimed materials.



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One of a kind, hand carved and finished wooden gift items.

Each piece is crafted from reclaimed wood and is an original design. Candle sconces, coat racks, bowls, incense burners, planters, pub signs, spoon or spice racks and much more. 100% B Contact Grant.

Cloth Recycling by Marlene

Custom shopping bags, aprons, oven mitts, tea cosies. 100% Barter.

Cross Stitching

Custom designed for your special events. 100% Barter. Contact Marlene.

Debbie's Crafts

Beaded hair pins, bracelets, knitted dish clothes 100% \$B knitted back scrubbers 50% \$B. Call Debbie.

“Pauline’s Things”

Hand-knitted tubular and horizontal-row one-of-a-kind designs in scarves, shawls, wraps, lap-warmers, accent scarves, etc. Choose from items currently available in The Front Window (43 Queen) or at Rare Funk (8 Duke Street). Various prices in cash and Barter\$.

Do you have some lovely yarn that you'd like knitted up into a basic scarf, shawl, and mitts? Do you have something partly completed from a pattern that needs to be finished but you don't have the time or experience to do it? I can help! Most patterns and styles are no problem. Cost depends on size and complexity of project. Up to 100% Barter negotiable. Contact Pauline

BAKING

Wildflour Baking

Vegan, organic and allergy conscious baked goods. Also offering vegan baking lessons. Up to 100% B\$. Contact Karin.

Sugar-free Baking and Cooking.

Can also provide gluten-free cooking and baking. (No additives and preservatives used.) Suggestions offered how to start doing this type of cooking and baking. Contact: Carolyn.

Little Sparrow Baking Co.

Organic breads made with locally stone-milled flour. Cookies. Muffins. Wheat-free and vegan options. Available on Market Days or by custom order. Contact: Kristen.

BOOKS, CDS, DVDS & VIDEOS

“The Book Table”

Books for sale the last Saturday of the month at the BarterWorks Market. Topics include: fiction, current events, health, religion, spirituality and much more. **Books over \$6 - 50%\$B, Books under \$6 - 100% \$B and TRADES accepted.** Also, those wanting to sell for cash or find that certain book are welcome to contact Paul.

Books on Social and Political Issues

New and remaindered books for sale: Includes any book from the “Between The Lines” catalog (see www.btlbooks.com). **New books at 20% discount, 50%\$B.** Contact Steve Izma



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CHILD CARE

Child Care - ECE Child Care Provider for Region of Waterloo

Will provide childcare in my home - daily from 9 a.m. to 5 p.m. Please contact Teresa. \$B6 per hour.

Child Care

Available for babysitting in my home or yours. \$10 per hour. 100% B accepted. Please contact Julia.

CHILDREN'S CLOTHING

Cloth Diapers & Apparel

Comfortable, absorbent, trim fitting, "Work at Home Mom" made cloth Diapers. Your choice of fabrics and styles, including shaped, fitted (with elastic and velcro) and "All in One" (no covers required!) Also, one of a kind children's clothing including dresses, overalls, rompers and pants. 50-100% B. Call Michelle.

Phone: 519.745.4341

COMPUTER SERVICES

Computer and network consulting

Professional solutions for your hardware and software needs. **Barter\$ negotiable**. Please contact Bill.

CONSULTING

Autistic Spectrum Consulting: Free the Gifts

What if being in the Autistic Spectrum (OCD, Tourettes, ADHD, Dyslexia, PDD, Sensory Integration Disorders, Aspergers, Autism) put you in the most creative sector of society? Learn physical, mental, emotional, energetic, and communication skills to free the gifts. Contact Jackie.

Coach Lois

Goals are merely wishes until you have a plan. In what part of your life would you like to move forward: your work situation, business, relationships, spiritual life, leisure time? Coaching helps you make the most of your potential in every area of life. Lois Raats, M.Ed. 15 years experience. Results guaranteed. 100%B.

www.CoachLois.com

ideaAlternatives

Full service training & development company providing entrepreneurs and small to medium size companies with innovative interactive workshops and courses in strategic planning, marketing, and team building. Available services include workshops, courses, group and one on consulting.

50/50 Barter Project, group and individual rates. www.ideaalternatives.com

EDITING, WRITING

Editing and writing services including resumes, marketing materials, proposals and content for web sites.



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Business Communications

Offering help composing business letters, fluent in English, Spanish and French. \$B negotiable. Contact Richard

Proofing, Editing, Writing

Award-winning journalist and copy editor with 25+ years of experience will proof, spell check, edit your text, custom-write letters or other documents based on your notes, and help you create prose that says what you mean, using correct and current grammar. **Hourly rates at 100% \$B, negotiable depending on volume and complexity of work required.** Contact Pauline.

EDUCATION & TUTORING

Homework, Assignments

High school teacher/tutor available for help with English, French, Spanish, Latin, History. \$B negotiable. Contact Richard.

Education & Tutoring

Tutor available for Math, Science, English (Grades 1-10).

ENTERTAINMENT

Music Masters DJ & Karaoke

Providing entertainment in Southwestern Ontario for over 10 years! Contact Rob.

Piano or Organ Accompanist, Songleader/Choir Director

Can provide music accompaniment or plan and lead singing for a special occasion. Many years experience as an accompanist for choirs, soloists and instrumentalists, as well as choir/music director in both sacred and secular settings. Contact: Carolyn.

FOOD – BEVERAGES

Café Justicia

Organic, fair trade plus, Guatemalan coffee. Now you can enjoy fresh, roasted locally coffee. \$12.10 per pound **50% Barter.** Contact Ulises. Also available at the Queen Street Commons Café Gift Shop, 43 Queen St. S., Kitchener

Organic White Tea

Enjoy the benefits of certified organic WHITE TEA every day! This rare and exquisite loose leaf tea contains higher levels of antioxidants than any other type of tea, in a smooth, silky and sweet infusion. Available as Original Tassablanca "Bai Mu Dan" White Tea, or NEW Tassablanca "Moroccan Mint" Blend. \$8.00 per 25g bag, \$14.00 per 50g bag. White Tea gift baskets with accessories made to order. Barter negotiable. Please Contact Iggy.

FOOD

Ebytown Food Co-Op

Bulk, dry, canned goods, dairy and frozen foods. Minimally packaged and organic. **Up to 15% Barter accepted. Please contact Steve for more information.**



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HEALTH & WELLNESS SERVICES

Craniosacral, Reiki, Trager & Bowen Therapies - Certified

Movement therapist certified in Craniosacral, Reiki, Trager & Bowen therapies. Sliding scale, 50-100% \$B.
Contact Jackie

Reflexology

Certified Reflexologist. 45 minutes approx. \$35 your place - will accept \$15 Barter. Call June.

Registered Massage Therapist

Massage Therapy: 30 min. \$40, 45 min. \$55, 60 min. \$70.

Reflexology: 60 min. \$70; Hot Stone Massage 60 min \$90; Reiki 60 min. \$70

Therapeutic Touch 30 min. \$40. Contact Chris. Up to 100% \$B accepted.

Thai Yoga Massage, Aromatherapy, Reflexology, and Vibrational Therapy

All of our treatments are completely customized to meet your individual needs as they assist in balancing and revitalizing the body. 50% Barter

www.kellyleis.com

HERBAL PRODUCTS

Homestead Herbals!

Salves, tea blends, dream pillows, massage oils made with organic materials. Herbal workshops and urban wild-crafting walks. Call Karin for more information.

Grow Herbal Gardens

Herbal products are available at the Queen Street Commons' Gift Shop. To explore volunteer possibilities please contact Misha at The Working Centre.

HOME SERVICES

Henry's Home & Furniture Repairs

Home Repair, Building, Farm Equipment Operating/Moving

Do you need help building or fixing something around the home? How about help moving or operating farm equipment? May have contacts for building materials. Over 20 years experience. Contact Jerry.

Home Assessments - Heritage, History, Restorations

Older homes come with unique blessings and challenges, learn which renovations, restorations would be sympathetic to your homes architectural style. Colours, plantings and treatments can enhance both the value and heritage significance of your property which has proven to increase property value. Simply interested to know about the history of your home? We can research that too! 100% B. Call Stephen.

MUSIC – INSTRUCTION

DJEMBE HAND DRUMS & FULL DRUM KIT LESSONS Tri-City Music Studios -

Learn the ART of FLOW with Rhythm, Sound and movement through the DRUMS and BEYOND. Half hour and full hour lessons available. Over 14 years Drumming experience teaches ages 9 to 99 never to late to start, catch it and Flow. 50% Barter. Contact Tibor.



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Musikhaus: Studio & In Home Music Lessons

Voice, guitar lessons and so much more. Introductory courses **100% Barter**. Contact: G.K.

Piano and Voice Lessons

Ages 5 and up from beginner to advanced. Teacher has Grade 10 Piano and Grade 9 Voice with the Royal Conservatory of Music; ARCT – Piano Performance (in progress). Contact: Carolyn.

Musical Instruction

Piano Lessons in your home - BA Music and History. Popular and Classical up to Grade 6 (RCM) for ages 7 and up. 1/2 hour - \$15, one hour \$30 up to 100%B Contact Alison

Piano theory lessons - BA Music and History. From rudiments to Grade 2 (RCM), ages 7 and up. 1/2 hour - \$15, one hour \$30 up to 100%B Contact Alison.

PRINTING, SIGNS, PROMOTIONAL PRODUCTS

Dawson & Associates - Marketing Services

Printing, Signs, Promotional Products, Graphic Design business cards, brochures, flyers, banners, signs, posters and more.

CUSTOM PINBACK BUTTONS! Attention: Businesses, organizations, individuals, artists.

Got a message? Button it! 1 1/2 and 2 1/4 inch circles. Button making parties also available, fun for all ages. Boomtown Button Collective contact Brian.

SEWING

Basic mending, hemming, repair and alterations to family clothing and household fabric items.

Unfinished pattern garments and other fabric items completed. Functional cushion covers, simple curtain panels (tab-top or rod-casing styles) made to measure from your material. 50% Barter negotiable; amount depending on size and complexity of the work you want done. Contact Pauline.

Clothing Alterations

Sewing Services: zippers, hemming, mending etc. 50-100% B. Contact Leticia.



MEMBER DIRECTORY OF GOODS & SERVICES SPRING 2009 TRANSPORTATION



Grand River CarShare

Would occasional access to a vehicle save you time? Would a second vehicle make family commitments much easier to meet? Do you drive less than 12,000 KM per year? If you answered yes to any of these questions, then consider joining Grand River CarShare (formerly known as People's Car Co-op). Contact Dave. www.GrandRiverCarShare.ca

PHOTOGRAPHY

I have a large supply of handmade PHOTO NOTE CARDS (individually packaged, with envelopes) at one easy price; they are \$1 each OR \$10 for a Dozen (up to 100% Barter). They are also usually available at The Front Window (43 Queen) or at Rare Funk (8 Duke Street); prices may vary slightly. Photo subjects include; seasonal nature, plants, trees, sky, architecture, rural, peaceful, etc. Something for every occasion and need. Inside card is blank. You can even use these for wedding invitations – paste your ceremony details inside! (I supplied several dozen flower-theme photo notes for a small wedding and they were a big hit.) Contact Pauline

Not listed here?

Do you need help writing your advertisement? We can help you market yourself. Remember there is no charge for listings.

Do you want to advertise occasional needs or offers? Are their goods or services that you need all the time? We want to stimulate trading. If you have ideas or want to be more involved let us know.

Contact the BarterWorks Office to learn more.

519.749-9177 ext 304 or barterworks@theworkingcentre.org

**View this directory online at
www.barterworks.org**



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